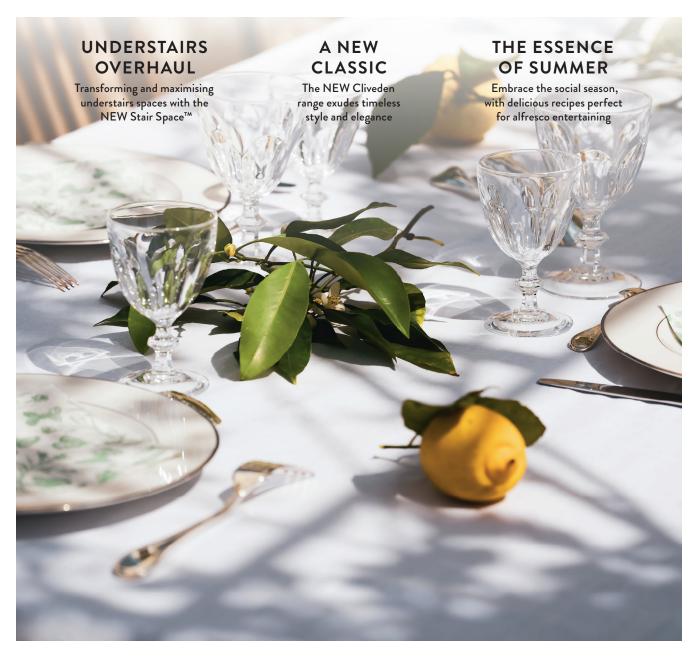
HAMMONDS

In order, to live better.

moments



VOLUME 23 | THE BLISSFUL SUMMER EDITION

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The blissful summer edition



Welcome to Moments



This season we're focusing on wellness and mindfulness, in every aspect of life. From curating

calm and organised interiors to living a happy and intentional everyday.

In this issue of Moments we're helping you find your very own version of bliss, at home. We've collated edits of décor pieces to help you create a nook of tranquillity (page 4), along with selfcare tips from Yoga and Mindfulness Coach, Lucy Sesto - to help you boost your wellbeing this summer (page 14).

We also have some exciting new Hammonds additions, including playful new colours (page 26), a beautiful new range (page 16) and an innovative new understairs product (page 8).

Take some time to relax in your favourite spot, with a delicious summer drink (page 28), and delve into pages of inspiration and organisation as we guide you to a mindful, blissful summer.

Fosh Josh Hammonds, Editor

Create a space of calm

Whether your bedroom needs a refresh, your home office is in need of organising or you're craving the perfect garden nook - we've curated three edits that will inject some colour, calm and coordination into your space.

HERE'S OUR PICK OF THE BEST BUYS, TO CREATE CALM SPACES IN YOUR HOME THIS SUMMER...



Office tranquillity

Organise and elevate your home workspace, with colourful crate storage, a pretty botanical planner and soft ambient lighting - tranquil picks perfect for productivity.

- 1. Small colour crate in mint and
- sky blue, £6 each from Hay
- 2. Fair table lamp,
- £149 from Nordic Nest
- 3. Cornflower daily planner,
- £25 from Papier



Garden sanctuary

A comfortable chair is the foundation for any garden nook - add a little side table and lantern for a practical yet homely sanctuary.

- 1. Seagrass candle lantern, £14.99 from H&M Home
- 2. Small side table in mint green, £17.99 from H&M Home
- 3. Nämmarö outdoor chair, £90 from Ikea



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Quiet luxury

Also known as 'minimaluxe', this is going to be a strong trend that we will see dominate over the next few years. It is a slight move forward that includes all the organic shapes from the past couple of years, as well as including lots of textured fabrics such as bouclé that will continue to be popular through the home. It embraces a minimal look, but with lots of softness to it, so it's not cold or austere. Hammonds' latest range, Langton Solid Fret in Charcoal (left), perfectly executes this trend.

Playful palettes

Whilst cosy beiges have had a resurgence, there is also place for bolder palettes. With plenty of natural summer light, it's the perfect season to embrace more playful colour. Hammonds has released a collection of new colours (see page 26), which sees dramatic shades used throughout the home. From jewel toned pink and burgundy hues, to organically inspired blues and greens - bolder shades will add impact and liveliness to your space.

Summer stripes

Iconic images of summer are often peppered with bold and colourful stripes - from the beach towels and parasols strewn across quaint Amalfi Coast beaches, or the glamorous outside pool spaces at Soho House. While we can't all have incredible swimming pools in our gardens, we can recreate this look with bold striped cushions, throws or upholstery - to bring a staple summer look to our home styling.



Take the indoors, out

Whilst styling your home it's easy to concentrate on what sits between your four walls, and forget about the outside. But with summer finally here, the want for the perfect garden becomes a priority. Curated outdoor spaces have become a growing trend in recent years, with interior looks making their



way into the garden. Soft furnishings and practically arranged furniture are firmly outdoor staples - think layered cushions, coffee tables and area rugs arranged into the perfect seating area. Whether you have a sprawling space or a small yard to work with, now is the time to transform your outdoors into a summertime sanctuary.



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Whether you have a spacious open-plan home or a compact interior, your hallway is a high traffic area. Coats and shoes are piled up and picked up - and clutter becomes chaos as you move from room to room.

Stair Space is our latest innovation - a clever storage solution to help maximise your space and transform your home.

Generally being a central point of the home, it's easy for hallways and understairs spaces to become clutter hubs - where a family of coats are shoved and shoe mountains are formed. Stair Space was born from a dedication to transform entire homes into tranquil spaces you can be proud of - leaving no space behind.

In most homes, the main entrance lands straight into the hallway - after a long day at work or a busy day out, the last thing you want to come home to is clutter and chaos - especially as soon as you walk through the door. Whether you're coming home alone, or are opening your door to guests, your 'welcome home' should be one you feel proud of.

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Designed with modern homes in mind, Stair Space comes with a host of storage options, to ensure you have the perfect, easy-reach place for all your everyday items.

Pull-out shoe racks range from the smaller two shelves to the larger five shelf unit that holds over 26 pairs of shoes - perfect for growing trainer collections. Fit for all the family, the shoe racks come with pull-out shelf combinations to make space for backpacks and pet essentials too.

We all have everyday household belongings that are oversized and cumbersome - ironing boards,

hoovers and sports equipment. They're difficult to store (and often end up propped in a corner - or making their way to the garage). Stair Space offers a variety of door configurations that cater to larger items, whilst still giving you easy access to jackets and bags with pull-out coat hooks.

Ensuring every home can benefit from tailored understairs storage, the units come in three beautiful ranges - from sleek and contemporary to a timeless shaker style. Stair Space offers a unique pairing of storage and style to transform and elevate any home. ■

Meet the ranges



CONTEMPORARY

A sleek, modern look



SAPONETTA

An elegant, contemporary space



SHAKER

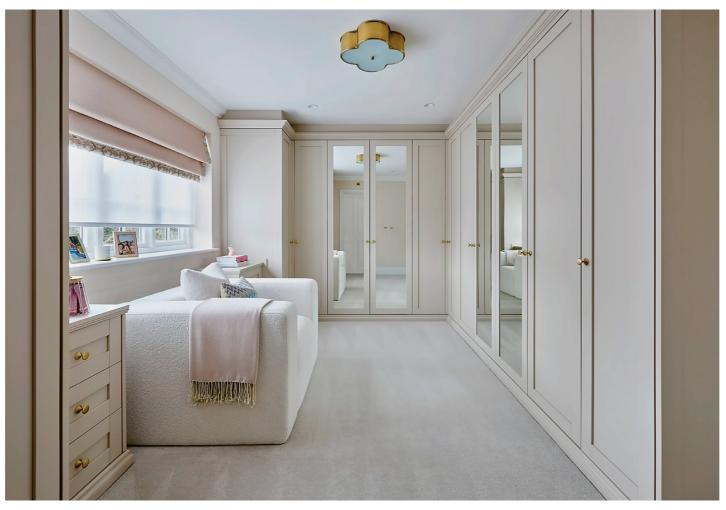
A timeless, panelled aesthetic

At home with Sam Faiers

Sam Faiers, TV personality and entrepreneur, chose Hammonds for her stylish dressing room space.

"Now there are five of us, organisation is key to running a family home. Without an organised wardrobe, it personally adds chaos to my daily routine and family life."







house last year, and Sam took over the spare room for her racks of clothes. 'It was a blank canvas, meaning we had lots to work with,' she says. 'A friend recommended Hammonds, and after

seeing the joinery quality and design, I was inspired to install fitted wardrobes.'

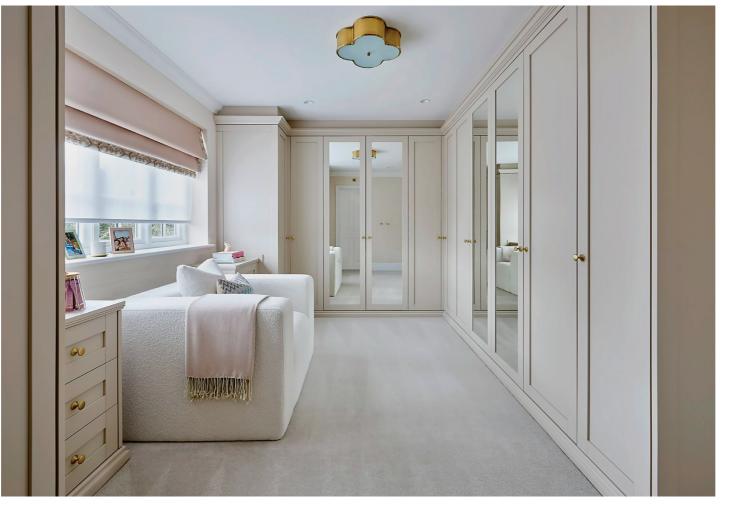
She chose the Langton in a soft Stone colour, which she has accessorised with a stylish trimmed blind and a cosy armchair covered in fashionable bouclé fabric. 'My interior style is traditional with a modern twist,' Sam says. 'We live in the countryside, so aimed to keep the room in line with the property features and surroundings, while adding a touch of glamour.'

Bespoke approach

Sam couldn't be happier with the room now, and it all started with the attention to detail in the design visit.

'The whole process, from start to finish, was bespoke to us,' Sam explains. 'I sat with the designer and went through every single fine detail. I couldn't be happier with the service and quality. Not only have the fitted wardrobes surpassed my expectations, but this has also become one of my favourite rooms in the house. It has such a lovely feel to it and receives so many compliments.

'I will definitely be using Hammonds again for other areas in our home and recommend them to absolutely everybody looking for outstanding joinery.'■









With brighter days and longer, warmer summer evenings, a wealth of joy and happiness flows over you. It's the season for socialising and travelling, spending time with loved ones, and embracing everything the finer weather offers. Live intentionally this summer, with self-care routines, mindfulness practices and things that bring a little joy to your everyday.

Mindfulness is a word that is floating around a lot, with a shift to living intentionally and avoiding things that can add stress to our daily lives... but how do we find it? It's a mental state of being - when you focus your awareness on the present moment and accept your existing thoughts, feelings and sensations. Once purely used as a therapeutic technique, it's now considered an integral part in

achieving a consistent feeling of happiness and contentment.

Taking even ten minutes a day for any type of mindfulness practice is just as much self-care as a pamper routine - think of it like a face mask for the mind. A dedicated time to mentally cleanse, refresh and reinvigorate, ensuring you're always your best self. Whether you begin each day with meditation or gratitude journalling, or practice yoga before bed, there are plenty of simple and quick ways to become more mindful and intentional in your everyday life.

Lucy Sesto shares her advice and routines for yoga, meditation and connecting with your inner self. Follow @hammonds_uk and @sestoyoga on Instagram for wellness tips from Lucy.

Preparing for a mindful day

TIPS FROM YOGA AND MINDFULNESS COACH, LUCY SESTO

BEGIN WITH BREAKFAST

A healthy and nutritious breakfast is a key to starting your day well. It prepares your mind and body, and ensures you have plenty of energy for whatever your day entails.

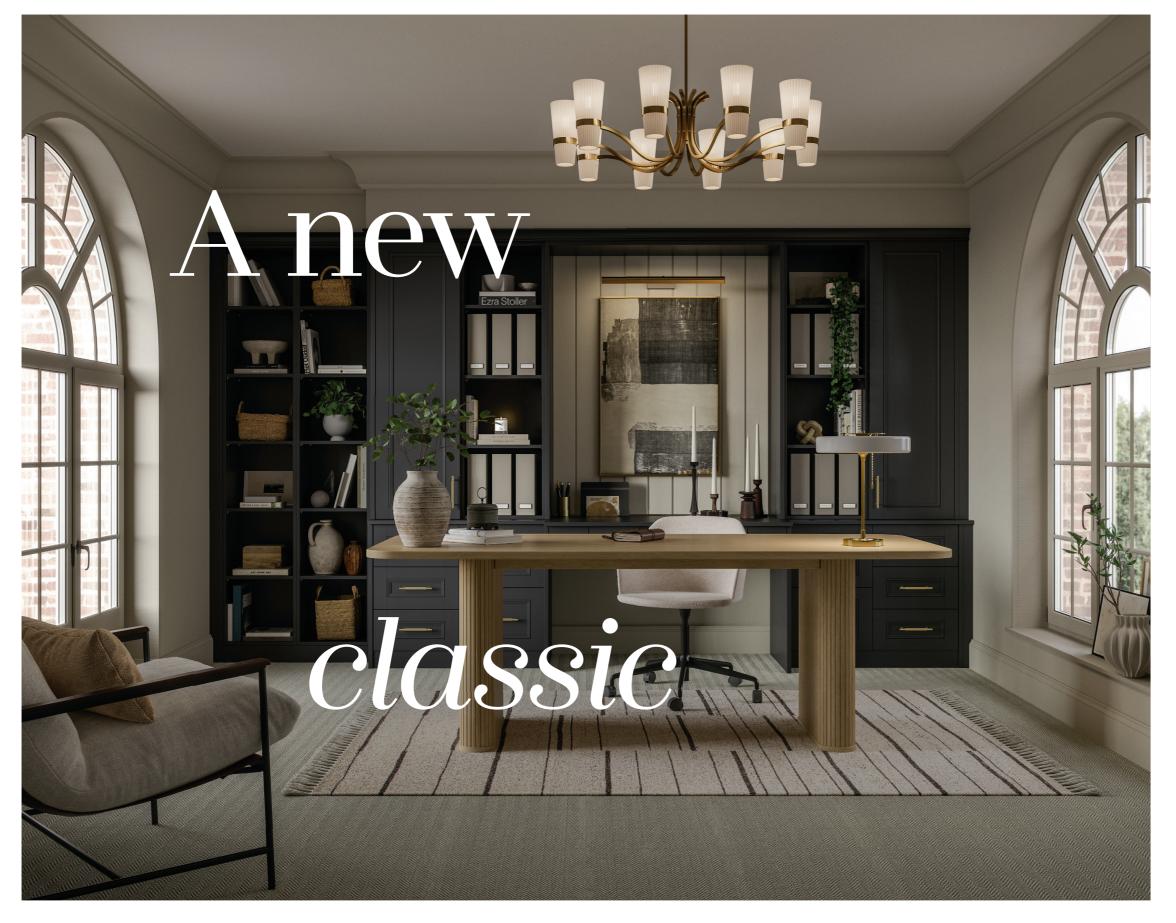
CONSIDER YOUR ROUTINE

Creating a consistent routine always sets you up for a productive day, as you have a structure to base each day on.

Whether that's getting up earlier to have 30 minutes of 'me-time' or doing a 15 minute yoga flow to wind down in the evening. Getting into daily habits of self-care is a great path to mindfulness.

SET INTENTIONS FOR THE DAY

At the start of each day, set out your intentions. This isn't a structured and regimented to-do list, but more of a 'how I want today to go' - taking ten minutes to meditate, eating nutritious food or simply feeling gratitude.





The new Cliveden range is the epitome of classic interiors - with a subtle and sophisticated shaker style and a calming range of colours and finishes, it adds timeless elegance to any interior.

From tranquil home offices to elegant bedrooms, Cliveden adds a touch of charm to the home, for storage that's both practical and beautiful. Tailored to you, with Hammonds' innovative selection of interiors, the latest range is the perfect addition in creating an effortlessly classic home.

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Curating a home is about finding the pieces that align perfectly with both your personal style and everyday needs. Whether you love traditional styling or steer towards modern looks, clever, tailored storage is key to creating a home that works for you. Cliveden, with its subtle inlaid beading and clean lines, is a versatile design that pairs with a variety of interior styles crafted with custom storage to ensure you have the space you need to organise your home.

Hammonds' ethos is 'in order, to live better'; with a passion for curated spaces that bring both organisation and wellbeing into your everyday. Colour plays a huge part in the feeling that a room carries, which is why Cliveden has

been designed with versatile and playful colour options.

Choosing how you want a space to feel or impact you is a great place to start when looking for colour inspiration. Soft neutrals or subtle blues and greens are perfect for creating a calm space - opt for Mussel, Storm Blue or French Grey. Deeper, rich tones such as dark blues, greys and reds add warmth, drama and a cosy touch to rooms - choose Heritage Green, Juniper or Charcoal.

Find your nearest showroom or visit hammonds.co.uk to find out more about the new Cliveden range - bring effortless, classic style and tailored organisation to your home. ■









GET @THECOTTAGEBYTHEBRIDGE'S LOOK

1. Croft Wardrobes in White, Hammonds 2. Botanical Prints, Hackney & Co 3. Somerton Round Log Basket, Neptune

4. Crinkle Linen Blend Cushion Cover, H&M Home 5. Amber Oakmoss Scented Candle, Heyland & Whittle

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Any wellness coach, book or article will tell you the same thing - surround yourself with calm spaces. Cluttered homes breed stress, whilst organised spaces make way for tranquillity and relaxation. Here are our tips on getting your home in order, and giving yourself the space to live a better, calmer life.

Think about the space as a whole

Rather than thinking about one set of drawers or storage basket, think about your room and your home as a whole - how can the entire space work better for you? Think about how the room will

be used and plan the best use of space from there. If you're creating a dressing room, think about all the clothes, shoes and accessories you need to store - if you're creating a home office, consider clever storage for all of your essential work supplies.

Consider the present and future

Whether it's more permanent fixtures like fitted storage, or organisers for inside your cupboards - think about their purpose. It's important to consider how storage will not only work for you now, but in the future too. This will help

you create a space that stays calm and clutter-free for years to come.

Find your perfect fit

Once you've made a rough plan of your space and the storage you need, it's time to find your ideal storage solution - to help transform your home into a well-ordered sanctuary. Work from big to small. Think about the larger areas you have to play with - do you need fitted wardrobes, open shelving or a media unit? Then go into the detail - shoe racks, jewellery organisers or a selection of woven baskets?

Give yourself time

It's easy to become overwhelmed when taking on a big declutter, but a quick overhaul can leave you more stressed than before. Give yourself plenty of time and realistic expectations to make sure you stay calm and content during the process.

Organise with intention

Intentional living is a great way to boost wellbeing; doing things that bring purpose and fulfilment to your life. Whilst influencers and coaches can give you tips and tricks for an organised home, it's important that you curate your storage and routine to align with you. Whether you're an avid list writer, a weekly overhaul person or simply love a power-hour tidy-up - find the rhythm that works for you and you'll be living an organised, clutter-free life in no time.

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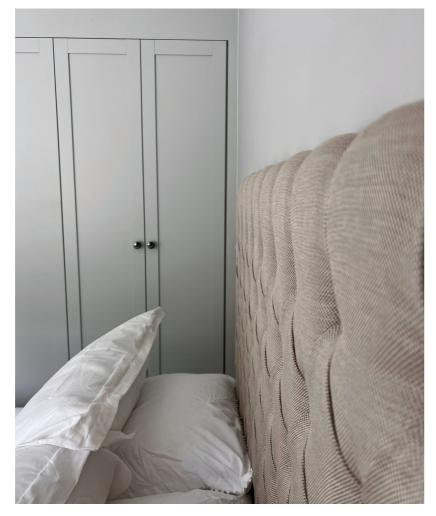
At home with Ross Adams

"My new wardrobes have transformed my morning routine."

Award-winning actor and Hollyoaks star, Ross Adams, shares how his new fitted wardrobes make early starts to go on set so much easier.

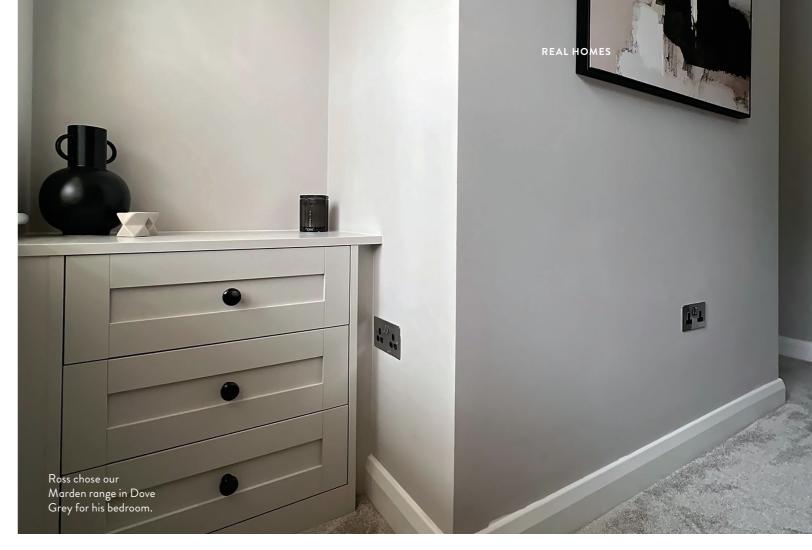
What did the room look like before the transformation?

'The space was tired and old. Our new fitted wardrobes from Hammonds blend traditional with contemporary style, which we hope will be timeless.'









Why did you choose Hammonds?

'We used Hammonds when we first moved into our house seven years ago and we were really pleased with the products and the results. It's an established brand and we only ever hear good things about it.'

How would you describe your interior style?

'Contemporary and quite minimalist. Both me and my husband Philip like neutral colours, complemented with black and dark accent tones.'

Why is good organisation so essential to you?

'When I'm filming I have really early

starts. I need to be able to open the wardrobe, easily find what I want to wear for the day, then head out to work. These new wardrobes have lights in them, so they're perfect as they don't wake up anyone else in the bedroom. We don't have a huge house and space is limited, so being organised helps make the place work for us.'

How did the design visit help you achieve what you needed?

'It was really helpful. Colin, our designer, helped us see that we didn't need more wardrobe space, but we needed the space we had to work harder for us. He made us think about how many rails and shoe racks we

needed, and we asked his advice on the best places to put mirrors and lighting. He listened to all our concerns and thoughts and implemented them in his design; we were chuffed to bits!'

What's the best thing about your new space?

Just how much easier it makes my morning routine. The drawers we had fitted are great for all of my toiletries and products, so on a busy morning I know where everything is. The way they look is great, too, as now the style matches the rest of the house. Our entire home now feels more put together and modern, which we love.'

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This season we're introducing a new collection of colour to invigorate our painted fitted furniture ranges - from sumptuous rich tones to soft sophisticated hues.

We're dedicated to embracing space and utilising every inch to its full potential - whether that's an awkward alcove, understairs area or a practical boot room. To fully maximise and tackle your storage needs, a space can end up furniture heavy - it's important that the look you choose is something you love, that complements and elevates your style and personality to perfection.

Our latest colours offer something for every space, to create a focus out of your furniture and bring a vision to your home that you'll love for years to come. From daring darks to blissful blushes, get to know our latest hues and find the perfect fit for your interior.





Charcoal is dramatic yet effortlessly sophisticated - this earthy off-black grounds spaces with a timeless look.

Heritage Green is classic, striking and elegant, this jewel-toned green enriches

Juniper is a rich, deep aubergine hue the perfect twist on a deep neutral that will add warmth to your space.

interiors with its natural undertones.

Peony is a beautifully soft blush shade with an earthy undertone, carrying an effortlessly calming effect.

Green Tea is a light, refreshing and subtle colour. This soft blue/green will elevate spaces with calmness and invigorating energy.

Storm Blue is a soothing muted blue shade with grey undertones, adding tranquillity and calmness to any space. ■

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TO SHARE

Butter bean whip and crudités platter

A flavour sensation, perfect for your vegan and vegetarian guests and all lovers of vegetables.

Serves 4 to share

Ingredients

Butter beans 400g can

Olive oil 2tbsp

Sea salt 1tsp

Garlic 1 clove, crushed

Lemon juice 1, freshly squeezed

Black pepper pinch

Crudités to serve

Topping

Olive oil 2tbsp

Fresh rosemary 2 sprigs, picked

Fresh sage $8\ leaves$

Fresh tarragon 2 sprigs, picked

Spring onions 2, finely sliced

Capers 2tsp

Lemon zest 1 lemon



Method

Blend the beans, oil, ½ tsp salt, garlic, lemon juice and pepper, using a food processor or stick blender. Taste and add the remaining salt if necessary.

Heat the oil in a sauté pan over a medium heat.

Add the herbs, spring onions and capers to the hot oil and fry for 1–2 minutes until crisp.

Carefully transfer the fried topping to paper towels to drain off any excess oil, reserving the oil in the pan.

To assemble, use a spatula or the back of a spoon to spread the bean dip over a plate or bowl.

Top with the crispy herbs and a few splashes of the infused pan oil.

Sprinkle over the lemon zest and serve with crudités. ■



COCKTAILS AND NIBBLES

Negroni sbagliato

Negroni Sbagliato is a classic Campari cocktail and the perfect accompanying drink.

Makes 1

Ingredients

Campari 25ml

Sweet vermouth 25ml

Ice cubes

Prosecco to top up

Orange peel twist, to top

Method

Pour the Campari and sweet vermouth into a glass.

Add ice cubes and gently pour in the prosecco - pouring down a long spoon placed in the glass will stop the bubbles fizzing over the edge of the glass.

Stir the contents of the glass together, top up further with prosecco if needed and garnish with the orange peel.

Thyme and parmesan choux puffs

This is a winning flavour combination. The thyme and Parmesan choux buns can be made in advance and frozen before baking.

Makes 30

Ingredients

Eggs 5 large Butter 80g, cubed

Sea salt 1tsp

Plain flour 150g

Nutmeg 1/4tsp, grated

Mustard powder 1tsp

Cayenne pepper pinch

Parmesan or pecorino 175g grated

Fresh thyme 4 sprigs, picked

Honey 1tsp

Water 250ml



Method

Preheat the oven to 200°c fan. Line two baking sheets with parchment paper.

Beat four eggs together in a jug. Put the water, butter and salt in a saucepan over a medium heat and bring to a simmer, stirring occasionally.

Take the pan off the heat and stir in the flour until it comes together into a paste. Put the pan back over a low heat and stir until you have a smooth ball.

Beat the dough, off the heat, for about 5 minutes until cooled.

Mix in the four beaten eggs, little by little, making sure to mix

thoroughly before adding more.

Stir in the nutmeg, mustard, cayenne, thyme, honey and ²/₃ of the cheese.

Pipe or spoon the mixture onto the prepared baking sheets. Mix the remaining egg with milk or water and brush over the buns.

Sprinkle with the remaining cheese and place in the oven, reducing the temperature to 180°C fan.

Bake for 20 minutes until puffed and golden. Remove, pierce the side of each and put back in the oven for 5 minutes to let the steam out.

Serve fresh from the oven. ■











GET @AT_HOME_WITH_THE_TJS' LOOK

1. Alana Baroque Mirror, Laura Ashley 2. Hatton Wardrobes in Cashmere, Hammonds 3. Sophie Table Lamp, Pooky 4. Striped Blanket, Zara Home 5. Scalloped Textured Vase, M&S 6. Ash Wood Ladder, Dunelm

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YOUR SUMMER READING LIST

for happier, mindful living

Create a happy, mindful home and embrace everyday moments of joy. Here are our top picks for blissful summer reading and calm, content living.

Ups and downs, happiness and troubles, big changes and little routines - daily life brings a host of emotions to deal with. Focusing on your mindfulness and wellbeing is key to balancing your mind and happiness. We've curated five books that will help you readjust and find the mindful moments in everyday life.

MY HYGGE HOME by MEIK WIKING

Sequel to The Little Book of Hygge, this book takes the ethos behind Danish design, traditions and living, and helps you create a home that's your happy place. With simple tips you'll find out how to use colour, light and space to create a calm and happy home, no matter your space or budget.

WASHING UP IS GOOD FOR YOU by DEPT. STORE

Discover 'mindful living in the daily grind', from doing the washing up to a quiet cup of tea in the morning. A selection of artists, designers, writers, psychologists and speakers share their stories of finding joy in their everyday.

THE LITTLE BOOK OF **MINDFULNESS** by TIDDY ROWAN

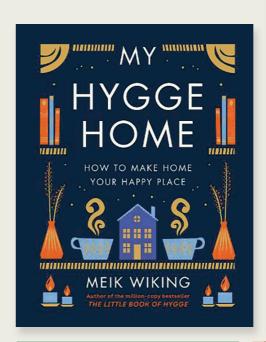
A wonderful guide to revisit again and again, written by a practitioner of over 30 years. Through over 150 techniques, tips, exercises, advice and guided meditations, you'll find yourself invigorated with a boost of wellbeing and contentment, that will flow through every aspect of daily life.

THE POETRY PHARMACY by WILLIAM SIEGHART

The perfect companion for your morning coffee, The Poetry Pharmacy is a collection of verse for every state of emotion. 'Tried-and-true prescriptions for the heart, mind and soul', offering poems for both everyday worries and life's big hurdles.

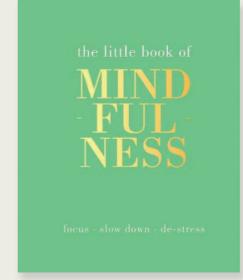
THE THINGS YOU CAN SEE ONLY WHEN YOU SLOW DOWN by HAEMIN SUNIM

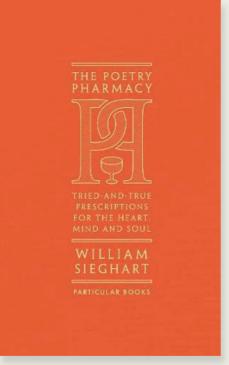
A bestselling guide to mindfulness from a Zen meditation teacher, this book teaches us 'how to be calm in a busy world'. You'll find advice on rest, meditation and daily life paired with calm and beautiful illustrations.

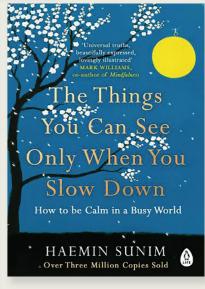




Follow us on instagram @hammonds_uk for tips on better, mindful living and home organisation.







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Request a FREE brochure or book a design visit today



