

H A M M O N D S

In order, to live better.

moments

YOUR PERSONAL DECLUTTER PLAN

This Girl Can Organise gives
her expert tips to help you
overcome the clutter

DELICIOUS, IN MINUTES

TV chef Clodagh McKenna
shares spring recipes from
her new cookbook

GET YOUR HOUSE IN ORDER

Refresh and reorganise
your home with beautiful,
clever storage



VOLUME 18 | THE DECLUTTER EDITION

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THE DECLUTTER EDITION

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The declutter edition



FOREWORD

Welcome to Moments



Spring has to be the brightest and most optimistic of seasons - it's fresh buds and new shoots; blue skies

and sunshine at last, after the dark days of winter. It's that energised, can-do spirit we're bringing to this issue, which focuses on the feel-good power of decluttering.

More than a spring clean, properly organising your home will bring mental clarity as well as clear surfaces - and we've lots of tips to help you create your calm and happy space. Whether it's sorting your wardrobe, tidying your home office, or clearing the clutter from your hallway, we've got expert solutions to help.

Plus, we've rounded up the best entertainment ideas, for at home and when you're out and about. And gorgeous seasonal recipes from TV chef Clodagh McKenna. Enjoy!

Josh

Josh Hammonds, Editor

10 products to put a spring in your step

After the dark days of winter, it's time to brighten up with happy colours and feel-good style.

HERE'S OUR PICK OF THE BEST NEW SPRING BUYS FOR YOU AND YOUR HOME...



1 Water Trellis glasses, £24 for two

Coloured glass is making a comeback and this delicate spring green shade feels just right for now. Just add water (or G&T with ice and a slice). www.curatedliving.co.uk



5 Pearl pasta bowl £15

Take your tablescaping to the next level with this soft white dinner set with an elegant beaded edge. The pasta bowl is our all-round favourite for breakfast, lunch and dinner www.layeredlounge.com

3 Green herringbone blanket throw £22.95

Spring evenings can get chilly, so snuggle up in this soft throw, made from recycled yarn and cotton. It's inspired by the look of fresh green leaves. www.sassandbelle.co.uk

4 Moreton kubu trolley £425

Take advantage of the warmer weather and enjoy a cocktail in the garden – this wicker trolley can be pushed outside as soon as the sun starts shining! www.thewhitecompany.com



2 Olivia fruit bowl £78

A beautiful way to display your five a day! Pick your fresh produce from this pretty bowl, which is hand-painted by artisans from a small pottery in South Africa - every piece is signed on the base by the artist. www.ibbidirect.co.uk



7 Fluted bulb vase £40

Elevate a spring bouquet in a curvy, cherry red vase. The fluted finish is bang on-trend for the new season. www.coxandcox.co.uk



8 Raspberry Lemonade candle, £16

Blending ice-cold lemonade and sweet raspberry fragrances, this eco soy wax candle smells crisp, fruity and uplifting. www.mintandmay.co.uk

9 Pom pom cushion £12

Pom poms and tassels bring the fun, while the colours evoke every shade of springtime – blue sky and golden sunshine, pink blossom and new green shoots. Lovely! www.matalan.co.uk



10 Faux Forsythia wreath £59

When springtime comes knocking, welcome it with a beautiful wreath on your door. This lifelike design will delight year after year. www.ellajames.co.uk

6 Rabia petal side table £279

This daisy-shaped side table will bring a smile every time you see it. And with its mirror top and gold metal finish, it adds a touch of elegance, too. www.very.co.uk



Tidy home, calm mind

Clearing the clutter and sorting your stuff won't just make your home tidier, it can boost your own sense of calm and wellbeing, too.

There's a reason that the queen of decluttering, Marie Kondo, called her book *The Life-Changing Magic of Tidying Up*. When you can find your favourite shoes and they're already perfectly polished, or your keys, phone and purse are exactly where you expect to see them as you head out the door, then life seems easier and your mood that little bit lighter.



Tidy home,

calm mind

Research shows that clutter and a disorganised home can raise levels of the stress hormone cortisol, may make it difficult to focus, and has even been linked to poor sleep. ‘Clutter is the arch-enemy of the restful home. It is the interiors equivalent of a to-do list that never gets completed, undermining any attempt at relaxation,’ explains interiors expert and TV presenter, Michelle Ogundehin in her book *Happy Inside*.

Some of us thrive in bright and busy environments, where all the things we love are on display. Others of us like a place for everything, and our happy place is a perfectly organised closet. You may like neat rows of spices in the kitchen, or not care how your shelves are stacked as long as you can find the paprika. The point is to create – and curate – a home that makes us feel like we’re living our best life.

Find your clutter personality

Canadian organising expert Cassandra Aarssen, founder of *Clutterbug.me* has identified four clutter types – she calls them Clutterbugs – and says when you know what ‘bug’ you are, you can design a system that takes back your home... and your life.

The Bee is organised but prefers to see their most-used items rather than storing them away in closets. Open shelves and box shelves would suit their storage style.

The LadyBug (ladybird) is stressed out by surface clutter but has overflowing drawers and cupboards. Baskets, drawers and wardrobe storage systems work really well for them.

The Cricket sets up complicated systems that can be too much effort to actually use! Storage that does the planning for them – with hanging rails, shelves and storage boxes already in place – will help their personality type.

The Butterfly is a visual person who loves to see their belongings on display. Hooks, open shelving and rails work really well for them.

‘You may be a combination of bugs or you could have different organising styles for different rooms in your home,’ Cassandra explains. ‘The system is merely a way of helping to identify your strengths and weaknesses so you can create an organising system that works for you.’

Happy home

The one type of clutter that makes anyone feel bad is toxic clutter. According to Cassandra Aarssen, toxic clutter is the things in your home that make you feel bad about yourself – clothes that no longer fit; hobby supplies you don’t use. ‘We’re not going to hold on to yesterday because everyone grows and changes, and you need to make room for your tomorrow self,’ says Cassandra. ‘Instead,

embrace all the good in the now and in what’s to come.’ Curating, organising and decluttering your home is one way to make that happen.’ ■

DECLUTTERING

HOW TO ORGANISE YOUR HOME

Therapist and declutter expert Eve Menezes Cunningham shares her tips

Physical Always start small, either with one category or with a small space. And find a system that resonates for you. Otherwise there will come a point during your reorganisation when you feel completely overwhelmed. Most of all, congratulate yourself for each and every step you take. You’re being brave. You’ve got this.

Mental Setting aside a little time each day can help keep on top of emails, photos and messages. Allow yourself trial and error as you experiment with ways that work for you. As with physical and emotional clutter, notice your energy levels as you think about what takes mental space. Be ruthless with your stacks of books to read or box sets to watch. Keep what feels good and delete and/or donate the rest.

Emotional Be gentle with yourself as this can be a tough process. Create a sanctuary for yourself – a corner or whole room – where you can retreat to regroup and recharge when the task feels too much.

Find out more at selfcarecoaching.net

De-stressing with a cup of tea

From calming lavender to refreshing peppermint and stress-busting jasmine, there's nothing an expertly blended brew can't fix.

April is Stress Awareness Month in the UK and it's the perfect time to take a moment to reflect on what's causing stress in your life. What better way to do that than by sitting down and enjoying a cup of the nation's favourite drink - tea.

A cup of tea can be one of life's most simple and soothing pleasures and the innovative team at Bird & Blend Tea Co., an eco-conscious, award winning tea mixology company, has developed a range of truly unique infusions to help you to de-stress and unwind. ■



WELLBEING

PUT THE KETTLE ON

To help you achieve a moment of calm, we have put together some of our top tea picks from the experts at Bird & Blend Tea Co.



1 DUVET DAY TEA
Notes of Coconut, Jasmine & Cinnamon
£6.60 for a 50g pouch



2 ENCHANTED NARNIA TEA
Magical Rose & Creamy Cocoa
£6.90 for a 50g pouch



3 BRIGHTON ROCK
Fresh & Minty Seaside Essential
£6.90 for a 50g pouch



4 GOOD KALMER
Calming Coco, Ginger & Turmeric
£6.10 for a 50g pouch



5 LAZY BOY TEA
Relaxing Lavender, Cocoa & Coconut
£5.10 for a 50g pouch



Your personal declutter plan

“Remember, one tick off the list is better than none”

NICOLA LEWIS
This Girl Can Organise



HALLWAY HANG-UP
Hambleton oak
peg rail shelf, £50,
Garden Trading

Make organisation part of your daily routine and you'll soon have a clean, clear and happy space to call home. Nicola Lewis, founder of This Girl Can Organise, tells us how it's done.

Mess is personal, so start with a plan,' says Nicola. 'Note down all the areas or items that are overwhelming you in a space. Our days are filled with interruptions so this list will guide you through the decluttering process and keep you motivated. Remember, one tick off the list is better than none.

'I always recommend you get into your happy place before you start. Light a candle, play your favourite music or podcast, and ensure you have a drink and maybe some snacks to help you through.'

'Start small, with a drawer, cupboard, or work surface. Turn off your phone, set a timer and simply just do your best! You'll be surprised at how much you'll achieve when you dedicate your time and attention to a task'. ■

MIND OVER CLUTTER

Can't get organised?
Try Nicola's tips to overcome clutter sticking points

Problem You don't know where to start first

Solution Organising is a skill, so if no one has taught you how to do it, educate yourself. Read Nicola's book, Mind Over Clutter, or follow her on Instagram @thisgirlcanorganise

Problem You get overwhelmed

Solution If self-doubt strolls in, take things a bit slower. And ask for help from a friend, family member or professional if it all gets too much for you

Problem The mess just comes back!

Solution This is down to too much clutter and not having a home for your items. It's time to have a clearout and organise your space

Problem You get easily distracted

Solution Set time aside each day and prioritise what's important. Consider putting your phone in another room whilst you perform a task

DECLUTTERING



Above: Alizee drawer organiser, £12.50, Oliver Bonas

Left: Hornton stacking storage boxes, £32 each, Garden Trading

Real Homes

We love to see your beautiful Hammonds homes! Here are just a few of our favourite images from customers who have tagged us on social media recently.

FOLLOW US ON INSTAGRAM FOR MORE INSPIRATION



Spring is around the corner and we're really enjoying seeing hints of it in your homes. We love how @loftleaf has styled the Harpsden shelves in Light Praline with monochrome accessories and hints of green.

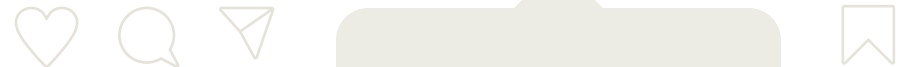
@loftleaf



@the_.moon_.fairy



@chloerebeccahome



@lynnsaymartin

We love these light, bright interiors. @lynnsaymartin chose Seton in White for her chic, yet cosy bedroom, @the_.moon_.fairy coordinated Harpsden in Stone with her beautiful period features, whilst @chloerebeccahome opted for Croft in Light Praline with Driftwood worktops for her tranquil office space.

Real Homes

FOLLOW US ON INSTAGRAM FOR MORE INSPIRATION @HAMMONDS.UK



@mynewstreethome



@64_is_home

Creating a cosy nook in your bedroom is the ultimate luxury. It's the perfect spot to read your favourite book or just take a few moments before a busy day. @mynewstreethome opted for Marden in Dust Grey and @64_is_home chose Croft in Dove Grey.

REAL HOMES

@laura_schof

Monochrome is a timeless décor choice and we love the contrast of our Seton range in Graphite against the neutral walls of this bedroom.



Getting your house in order

The change of season is the time to refresh, renew and reorganise your home. From hallway to bedroom, here's how to do it...

“A row of tall cupboards can provide all the storage you need”

DAVID JONES
Hammonds Designer

We're shrugging off our winter coats, folding away the blankets on the sofa, and swapping woolly jumpers for lighter layers in our wardrobe. Rather than simply hoping that the items you use most will find their way to the front of your cupboards, why not take an organised approach to this seasonal shift? It's a chance to edit, clean and curate your possessions – and get the rest of the family organised. And once it's done, you'll have more time to enjoy everything spring has to offer.

Hallways & boot room

Imagine a clear, uncluttered hallway, with coats neatly hung and shoes stowed away. If you have the space, a row of tall cupboards can provide all the storage you need to keep everyone's kit in order. Or turn the space under the stairs into your

bespoke storage, personalised for your needs. For a boot room, locker-style cupboards are a great choice, with a mix of open and closed storage. Include baskets for sports kits and for storing smaller items such as accessories – for spring, put away woolly hats, scarves and gloves on a higher shelf. And clean and polish boots before putting them to the back of your shoe storage.

Whether at the front or rear of the house, a bench where you can sit to remove or put on shoes is always handy, and at Hammonds we can incorporate concealed storage or cubbies for bags, boots or even logs to make the most of every inch of space.



Living room & media room

Transform your living room into a truly relaxing space with built-in cupboards and shelving options that help you curate your space. Set aside some time to sort through drawers, stacking board games, organising your film collection and finding a place to put toys once the kids have finished playing.

At Hammonds, we can create bespoke TV cabinets to give your room a cinema feel, or conceal the screen until you want to catch up on that latest box set.

For spring, why not re-style your shelves for a fresh new look? Whether it's our box units or floating shelves, simply moving a few key pieces and adding a leafy houseplant will switch-up the look in an instant.



Bedroom & dressing room

The biggest shift in spring is the change from winter woollies to lighter clothes, but there are still some cooler days at this time of year. To find out what you need to keep out for the season, try the hanger trick.

Turn all the hangers in your wardrobe the wrong way round. When you wear an item, put it back in your wardrobe with the hanger facing the usual way. After a couple of weeks, it will be clear which items you're wearing and which can be packed away.



Once you have your spring clothing edit, check if you need to clean or repair any items, then organise your wardrobe. Sweaters should be folded and put in drawers, while blouses, shirts, dresses, trousers and jackets

are best hung. Arrange clothes into categories, such as work, casual and party, and put similar-coloured items together so you can choose outfits easily. ■

Out and about

Outdoor swimming, blossom watching and glow camping - dive into springtime with these exciting experiences.



The Shakespeare North Playhouse



Light at Marston Park



Cleveland Pools

Blossom Watch

National Trust properties nationwide
Inspired by the Japanese tradition of Hanami, or blossom viewing, the National Trust is encouraging us all to celebrate and share the beauty of blossom this springtime. It has planted a new orchard in Stourhead, Wiltshire,



and an avenue of cherry trees in Anglesey Abbey, Cambridgeshire. The season is fleeting, beginning in March

and April when apple, plum, pear and damson trees are covered in dainty white flowers. The rose pink petals of cherry blossom are next, followed by the creamy white flowers of hawthorn, also known as May Tree. You can spot blossom in parks, hedgerows, gardens and city streets, as well as National Trust properties. More than pretty, blossom trees provide vital shelter and food for birds, bees and badgers. Share your images using the hashtag #blossomwatch.

DATE: go to www.nationaltrust.org.uk for events at a property near you

Birmingham Festival 2022

Venues around Birmingham

The Commonwealth Games arrive in Britain in July, but the city is already putting on a show. There will be around 250 events and projects, including theatre, photography, film and music.

It all kicks off with Wondrous Stories, a spectacle of circus, dance and aerial display which will be free to attend and also live streamed globally.

DATE: March to October. See www.birmingham2022.com for details

Titanic The Exhibition

London
Coming to London for the first time, the exhibition tells the tragic story of the doomed ocean liner and the people who lost their lives in one of our greatest maritime disasters. Walk through life-size recreations of the ship's interior, hear the testimonies of the passengers brought to life with voice, music and sound effects, and see the personal belongings rescued from the wreckage.

DATE: until April 17th; see www.titanicexhibitionlondon.com

Light at Marston Park

Frome, Somerset

Glamping gets a glow-up this season, with bell tents pitched within artist Bruce Munro's immersive illumination, Field of Light. Each tent is luxuriously furnished with a double bed, wood-burning stove and artist materials, and has its own glowing garden complete with firepit. There are also craft and wellness workshops to enjoy in the beautiful setting with its lake and ancient woodlands.

DATE: from May to October, £120 per night. Go to www.marstonpark.co.uk/stay-to-book

Cleveland Pools Bath

After a 17-year campaign to save it, the UK's oldest lido, first opened more than 200 years ago, is back with

a splash. In a beautiful setting and with its original Georgian buildings restored, the venue will feature the main pool plus a kids' splash pool. The water will be warmed via heat pumps using energy from the river that flows by next to the site.

Date: opening summer. Go to www.clevelandpools.org.uk for more information

The Shakespeare North Playhouse

Prescot, Merseyside

Four hundred years ago, Prescot was home to the only purpose-built Elizabethan playhouse outside London. Now the theatre is back, with a 350-seat candlelit replica, as well as an outdoor performance garden and exhibition centre. With Dame Judi Dench among its supporters, and a

strong community focus, the idea is to bring the Bard back to the North and reignite the significance of these famous plays for a new generation.

DATE: opening summer. See shakespearenorthplayhouse.co.uk for details

Poisoned Chalice Cocktail Experience

London

Sherlock fans will love this mind-bending experience from the creators of the escape room Sherlock: The Official Live Game. Set in the venue's secret speakeasy bar, The Mind Palace, players must solve The Case of the Poisoned Chalice, defeating the maniacal mind of Moriarty's right-hand man and creating the perfect cocktail in the process.

DATE: ongoing. Find out more at www.thegameisnow.com

Cardiff Calling

New Cardiff Showroom Now Open

LEEKES | 455 NEWPORT ROAD | CARDIFF



time was fantastic, and we've had a great response from customers,' says Store Manager Aileen Russell.

The ability to view the products and room sets in person, to touch the surfaces, pull out drawers and see the colours available, is a great reason to visit a showroom. And you'll have the opportunity to speak to our staff, who can advise on the best options for you and your home. 'We can talk you through the different finishes, colours and handle options available across all of our furniture, as well as offer helpful advice on making the best out of your space,' explains Aileen. 'You can touch and feel the fantastic quality, textures and finishes for yourself. And being situated in Leekes means you can make a day out of shopping for you and your home as everything is under one roof.'

Trending in Cardiff right now? It's the Croft range in French Grey, Langton in Light Praline and Hatton in Dust Grey, says Aileen, who says that Cardiff customers are seeking storage solutions for bedrooms, home office and the living room.

You can find Hammonds Cardiff opposite TGI Friday on the Cardiff Newport Road. Free parking is available. ■



Boxing Day arrived with a bang for Hammonds in Cardiff as our latest store opened in the city. Located within Leekes department store, Hammonds Cardiff is our second Welsh showroom and it's packed with inspiration.

The beautifully designed space features Bedroom, Fitted Wardrobe, Sliding Wardrobe, Fitted Living and Home Office ranges – everything you need to create a stunning and organised home. 'Seeing the store open on Boxing Day for the very first



"You can touch and feel the fantastic quality, textures and finishes for yourself."

AILEEN RUSSELL
Store Manager

Cooking with Clodagh

FOLLOW @CLODAGH_MCKENNA ON INSTAGRAM FOR MORE DELICIOUS RECIPES



RECIPE In Minutes

Warm Lentil Salad with Goat's Cheese

Serves 2 Preparation 10 minutes

Ingredients

Olive Oil 1 tbsp
Garlic 1 clove, crushed
Rosemary ½ tbsp, finely chopped
Puy Lentils 250g pre-cooked packet
Cooked Beetroot 2, cut into wedges
Raddicchio ½, roughly torn
Soft Goat's Cheese 50g, broken into chunks
Pecans 50g
Flat Leaf Parsley 1 tbsp, roughly chopped
Mint 1 tbsp, roughly chopped

For the dressing

Sherry Vinegar 1 tbsp
Maple Syrup 1 tbsp
Extra Virgin Olive Oil 2 tbsp

Method

Heat the oil in a medium pan over a medium heat, add the garlic and rosemary and gently fry until the garlic is just turning a light golden colour. Stir in the lentils and season to taste.

Whisk the dressing ingredients together and season with salt and pepper.

Toss together the dressing, beetroot and torn radicchio leaves through the warm lentil mixture.

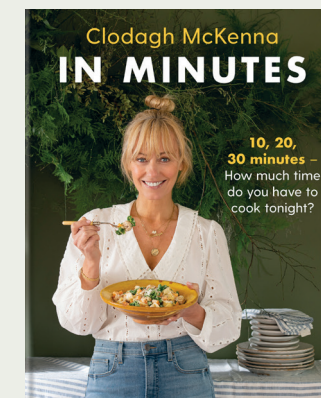
Scatter over the goat's cheese, pecans parsley and mint, and serve.



Time for dinner

The chef and TV cook shares quick and easy recipes perfect for an Easter feast with friends.

In Minutes by Clodagh McKenna.
Published by Kyle Books, priced £20.
Photography by Dora Kazmierak.



Home office: how to create your perfect space

Working from home? Or would you like a dedicated space for homework and hobbies? Here's what to think about when designing your personal workspace.

With seven fitted home office ranges, we're here to help you find your focus when it's time to get on with your daily business. You can choose from a wide selection of ready-made designs to create your personal workspace, or opt for custom-made furniture that's tailored to your room and requirements. Simply arrange an appointment with our home design service and we'll get on with the job.

We'll help you create an office that works for you, so consider what will help make you feel calm and productive. Start with the space – do you have an entire room to work with,

or do you need to turn a smaller area, landing or beneath the stairs into your home office? Whichever it is, we have the solution.

Next, think about the desk – do you want a built-in desk that makes the most of an alcove, or a freestanding desk to work from?

And what about storage? Choose from tall cupboards, drawers, filing cabinets and bookcases. A calm and uncluttered space will help you to concentrate on the task in hand – and at the end of the day, files and paperwork can be cleared away, so you can switch off and focus on your

family with no distractions.

Everyone has a unique way of working, and we all want our homes to reflect our style and taste. Choose from the clean and contemporary lines of our Linje, Elkin and Radley ranges. Opt for the easy-living design of the Marden and Seton home offices, which combine simplicity with sophistication to fit into any living space. And for a more classic look, the hand-painted elegance of Croft and Harpsden are a great fit.

So be the boss of working from home with a workspace designed for you. Job done. ■

HOME STYLE



What's on this spring

From your latest binge watch to the hottest reads and cinema picks, here's the best of the season's entertainment.

TV *Inventing Anna*

If you haven't caught this show yet, let us introduce you to your next binge-watch. *Inventing Anna* is the true story of a fake heiress who tricked New York society, living in five-star hotels for free and enticing rich kids to pay for her to travel the world. It stars the brilliant Julia Garner (*Ozark*) and is executive produced by Shonda Rhimes (*Scandal*), and two episodes will be directed by *The Devil Wears Prada* director David Frankel.

From February, Netflix

FILM *Operation Mincemeat*

Starring Colin Firth, Matthew MacFadyen and Kelly Macdonald, and based on a bestselling novel, this Warner Bros blockbuster tells the incredible story of a World War 2 plan to conceal the Allied invasion of Sicily.

British intelligence officers dressed a man's body in uniform, placed false documents on him supposedly giving details of a planned invasion of Greece and Sardinia, and let his body wash up on the Spanish coast for the Nazis to find him. It's a classic British drama from the producer of *The King's Speech*.

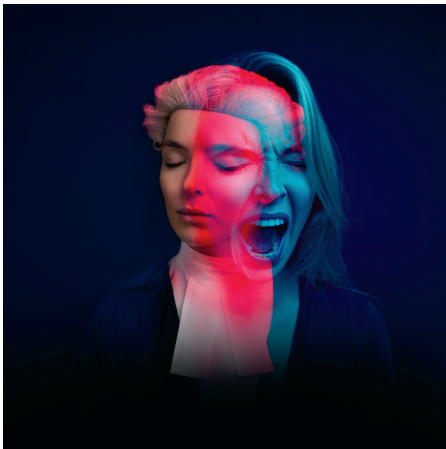
In cinemas from 22 April

BOOK *People Person* by Candice Carty-Williams

The new novel by the author of the phenomenally successful *Queenie* (which is being adapted for TV by Channel 4), *People Person* is the funny and touching story of the Pennington siblings and their absent dad. Dimple Pennington is an aspiring lifestyle influencer with a terrible boyfriend and a lot of issues. When

her half siblings crash back into her life and a dramatic event forces them to reconnect with their father, things get complicated.

Published 28 April



THEATRE *Prima Facie*

The electric Jodie Comer (*Killing Eve*) is making her West End debut in this



one-woman show about a brilliant young barrister who has worked her way up from working class origins to the top of her profession. But an unexpected event forces her to confront her principles and question the burden of proof required by the law. For nine weeks only.

Harold Pinter Theatre, from 15 April

TV *Conversations with Friends*

The BBC adaptation of Sally Rooney's *Normal People* was the smash hit of 2020. Now her follow-up novel has been filmed as a 12-part series for BBC3. The plot features the tangled romantic relationships between young couple Frances and Bobbi, and what happens when they're befriended by the married Nick and Melissa. Clue: things get complicated.

BOOK *Nature Style: Cultivating Wellbeing at Home with Plants*

Written by interior stylist Alana Langan and designer Jaqui Vidal, this beautiful book is a step-by-step guide to plant styling in the home. Not just about bringing leafy looks to your living spaces, it also shows how plants can help improve our health, reduce stress and boost happiness. The authors share pro tips on plant care, styling knowhow and ideas for incorporating natural elements into every room and make houseplants the heroes of your decorating.

Published February

FILM *Dr Strange in the Multiverse of Madness*

If you like watching Benedict Cumberbatch in a long red cloak and suspicious goatee, this Marvel

mega-film is the one for you. Also starring Elizabeth Olsen and Rachel McAdams, expect sorcery, time shifts, shocks and lots of special effects.

In cinemas from 6 May



The world of design is always evolving. We spoke to interiors stylist Melissa Denham for her take on the hottest trends for 2022.

FOUR ALLURING TRENDS TO ADD STYLE AND SUBSTANCE TO YOUR HOME.

now

THE LOOK FOR



MELISSA DENHAM
Hammonds Stylist

While some styles never seem to go out of fashion – Shaker kitchens, say, or Art Deco – interior trends do shift and evolve over time. It's

not just the search for a new look that influences them; the mood in the wider world, both confident or concerned, shapes what designers produce and the products, colours, forms and materials we are drawn to. We spoke to experienced interiors stylist Melissa Denham to find out the vision for 2022.

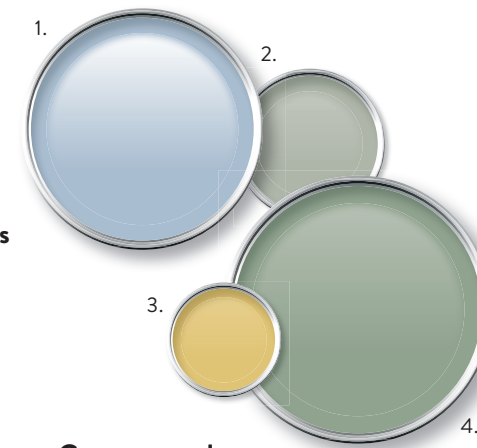
Calming colours

‘Colours resonate in distinct ways for different people; some have gravitated towards calming neutrals to counteract the turbulence of the pandemic, others have embraced and immersed themselves in positive, vivid colours reaching for optimism,’ explains Melissa.

‘The Colour of the Year predictions from paint experts signal optimism and hope for the future, as well as promoting elements of wellbeing in the home. We are also seeing lots of neutrals but with a slightly bolder slant than just an all-white scheme, so terracotta, rust and brown will be back.’

Trending tones:

1. *Bright Skies*, a fresh and airy blue from Dulux
2. *October Mist*, a gentle sage green from Benjamin Moore
3. *Babouche Yellow* and 4. *Breakfast Room Green*, rainbow brights from Farrow & Ball



Curve appeal

‘Curves are a huge trend for 2022. A curved form is subconsciously read as safe, friendly and welcoming. With everyone feeling somewhat emotional and tired out from the past two years, “who wouldn’t want a room that feels like a warm hug,” as style influencer Athena Calderone of *Eyeswoon* observes. We will be seeing these curves in our furniture, cushions and wall art.

Nature fix

‘The expression “bringing the outside in” has been around for a while now, but this year we will see it more than ever. Green and natural tones will be

HOME STYLE

blended into our interiors through the use of wood, plants, and natural textured materials.

‘We’re also using our gardens as extensions of our home, adding features such as a exterior kitchen or bar. Outdoor fireplaces help to extend the use of these spaces into the chillier months. More of us are adding a garden room to use as a home office, gym, movie room, or just a place to escape.’

Multifunctional spaces

‘Our homes have had to work so much harder for us over the last few years but I think people are keen to reclaim their homes as a place to relax. Having separate rooms is the ideal scenario, but this isn’t the reality for most people. Therefore we need to make spaces multifunctional. The key to that is storage, where we can transform our space into different functions, such as a living room with storage and media units that can be used as a home office or playroom during the day, then enjoyed as a TV space in the evening.’ ■

3 EASY WAYS TO FOLLOW THE TRENDS

1. Update a room – or even a wall – with a new paint colour.
2. Replace the cushions and choose the latest shape, shades or textures.
3. Add in a new accessory. Curved vases are a must-have piece right now.

H A M M O N D S

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